



Patient Instructions Following Root Canal Treatment

- Avoid any chewing until the numbness has completely worn off.
- Between appointments, it is common for small portions of your temporary filling to wear away or break off. If large portions of the filling material come out or your temporary crown comes off, call us so that it can be replaced.
- It is normal to experience some discomfort for several days after having a root canal treatment, especially when chewing. To control discomfort, take pain medication as recommended.
- If antibiotics are prescribed, continue to take them for the indicated length of time, even if the symptoms and signs of infection are gone. To further reduce pain and swelling, rinse three times a day with warm salt water (Dissolve 1 tsp. in a cup of warm water water).
- It is important to continue to brush and floss regularly.
- Typically, the last step after root canal treatment is the placement of a crown. Please schedule your crown appointment immediately to avoid breakage of the now fragile tooth.

*Please follow these home instructions carefully and call our office if your bite feels uneven, if you have persistent pain, or have any questions or concerns.
(434) 239 6948.*