



### **Patient Instructions after Composite (White) Fillings**

We have restored your teeth with tooth-colored materials. These restorations should serve you well for several years. They contain the finest and most up-to-date materials available today. However, you should be aware of the following information about your new restorations:

- As with natural teeth, avoid chewing excessively hard foods because the resin material can break under extreme forces.
- Composite fillings harden right away. There is no waiting time to eat. However, caution should be used until the anesthetic wears off. Due to the strange feeling of the anesthetic, patients (especially children) will unintentionally chew the inside of their lips, cheeks or tongue and cause damage.
- Sensitivity to hot and cold is common for a few weeks following a dental restoration. Usually, the deeper the cavity, the more sensitive the tooth will be and the longer the symptoms will last. If you feel the bite is not correctly balanced, please call for an appointment for a simple adjustment.
- The gum tissue could have been irritated during the procedure and may be sore for a few days. This also applies to the anesthetic injection site. Proper brushing, flossing, and regular cleanings are essential to the long-term stability and appearance of your restorations. Often, problems that may develop with the fillings can be found at any early stage exam and repaired easily. Waiting a longer period of time may require more extensive treatment.

#### **Warranty:**

- When a tooth has a cavity, the dentist removes the decay and fills the void with composite filling material. The ideal filling is no more than 50% of the size of the tooth surface. This leaves the other half of the tooth to support the filling. When you have a cavity that takes up 60% or more of the tooth, a crown is indicated. A crown covers the entire tooth and holds the tooth together.
- For a period of 1 year from the date of service, we will replace the filling if it fails. This is done at no additional cost to the patient.
- The warranty is null and void if the patient does not maintain their scheduled continue care cleaning appointments

*Please call us with any questions or concerns. (434) 239 6948*